Guide to Services

Fall 2014





4-H Clover Kids Club Pg. 6



Come Write In! Write Your Novel Pg. 11



Landscape Design Pg. 12



Extension Services • Greenways and Natural Lands
Libraries • Parks and Recreation • Tourism
www.seminolecountyfl.gov/leisure



In this guide...

Fall 2014

3-4 Events and Activities for All Ages

5-6 Youth Enrichment

7 Youth Sports & Fitness

8-9 Facility List & Map of Recreation Facilities

10 Adult Sports & Fitness

11-12 Adult Resources & Enrichment

13-14 Facility Rentals

Community Partnerships

16 Highlights Calendar

For all Ages for all Ages 4-4







Youth Sports & Fitness

Map









Highlights Calendar

This *Guide to Leisure Services* covers activities and programs from September through December 2014.

Fall 2014



LEISURE SERVICES DEPARTMENT

Extension Services 407.665.5560 Greenways and Natural Lands

407.349.0959 **Libraries** 407.665.1500

Parks and Recreation

407.665.2180

RedBug: 407.665.2190 Sanlando: 407.665.2100 Softball Complex: 407.665.1990

Sylvan: 407.665.2180 Soldiers Creek: 407.665.2199

Visitors Center 407.665.2900

Visit us on the Web at: www.seminolecountyfl.gov/ leisure

BOARD OF COUNTY COMMISSIONERS

Robert Dallari Chairman, District 1

Brenda Carey Vice Chairman, District 5

Lee Constantine
Commissioner, District 3

Carlton Henley
Commissioner, District 4

John Horan Commissioner, District 2

OUR MISSION

"Enriching lives through outstanding cultural, educational, environmental, and recreational experiences."

Stay Connected







Events and Activities for All Ages

Visit Your Library System

Make the Library a regular stop this fall. Find an up-to-date collection of items for users of all ages. Enjoy free access to millions of titles including, large print, audio, magazines, newspapers, and online databases. See map on pages 8 - 9 to locate a library close to you! Or visit our Virtual Library Branch at www.seminolecountyfl.gov/Libraries for downloading ebooks or researching homework assignments.

This Fall & Winter at your library you can:

- Stream free music and video with Hoopla
- Check out a Nexus Tablet to use for three weeks
- Plan a tropical winter getaway with our travel guidebooks
- Bring your laptop and surf the 'Net with free WI-FI
- Join a crafting group-learn new skills, make new friends
- Conquer homework research using our Virtual Library Branch
- · Download free digital magazines for holiday cooking with Zinio
- Ask a librarian & get a quick answer with our chat or text reference

Seminole County Guided Hikes

Led by the Natural Lands Program on some of our most beautiful wilderness areas. \$3 per person. Ages 7 and up. Children must be accompanied by an adult.

September 13 Swamp Walk 8 a.m. - 10 a.m. at Spring Hammock Preserve

October 11 Nocturnal Animals 7 p.m. - 9 p.m. at Econ Wilderness Area

October 25 Owl Prowl 7 p.m. - 9 p.m. at Lake Harney Wilderness Area

November 8 Night Hike and Smores 7 p.m. - 9 p.m. at Geneva Wilderness Area - Cost: \$5

Advance registration is required, space is limited. You may register at any active park (Red Bug Lake Park, Sanlando Park, or Sylvan Lake Park). For more information call 407.349.0959

National Public Lands Day - September 27th! Nature Center Open House and Free Night Hike

Join us for a Nature Center Open House and FREE Night Hike at the Geneva Wilderness Area.

Where: Ed Yarborough Nature Center/Geneva Wilderness Area, 3485 N. County Road 426, Geneva, FL 32732

Times: **Open House:** 6 p.m. - 7 p.m. **Hike:** 7 p.m. - 9 p.m.

Cost: Free

Come explore and meet some of our local residents up close. Hold a snake for the first time, learn about Allie our resident alligator, or just enjoy watching the water turtles swim around. Have you ever seen a legless lizard or wondered why a box turtle is called a "box" turtle? Come and learn the answers to these questions and more. After the Open House you will be introduced to the wonders of hiking at night and hear some of the amazing night creatures that only come out after the sun goes down.

Space is limited. You must call to reserve your spot for the hike. 407.349.0959.



Fright Hike

Are you afraid of the dark? What about a dark, winding path through the woods? This Halloween, find the courage to brave Fright Hike, a spooky event at the Geneva Wilderness Area! The woods at night are scary enough, but this approx 3/4-mile trail is hidden with spooky sounds and scenes that are sure to give you a fright.

Reward yourself at the end with a stop at the Ed Yarborough Nature Center to enjoy some refreshments and meet some slithering and creepy friends.

Tickets are limited, so purchase your tickets NOW at any of our active parks (Red Bug Lake Park, Sanlando Park, or Sylvan Lake Park). Park hours are Monday thru Friday 8 a.m. - 10 p.m. and Saturday & Sunday 8 a.m. - 8 p.m.

Location: Geneva Wilderness Area, 3485 N. County Road 426, Geneva, FL 32732

Date/Time: Saturday, October 18, 7:30 p.m. - 10 p.m.

Cost: \$5 per person

Night Hike and Smores by the Campfire

Join the Natural Lands staff for a special guided night hike at the Geneva Wilderness Area and then end the evening with making smores by the campfire! All ages are welcome. Children must be accompanied by an adult. *Advance registration is required, space is limited*. Register at any active park (Red Bug Lake Park, Sanlando Park, Sylvan Lake Park). For more information call 407.349.0959

Location: Geneva Wilderness Area, 3485 N. County Road 426, Geneva. FL 32732

Date/Time: Saturday, November 8, 7:30 p.m. - 9:30 p.m.

Cost: \$3 per person



Events and Activities for All Ages continued

Natural Lands Classes

Insect Adventure Class

Do you have questions that have been "bugging" you about this large, fascinating, and diverse group of animals? Join a local entomologist and learn all about these fascinating creatures! You will also go on a hike to see what insects you can find. Advance registration is required, space is limited. Register at any active park (Red Bug Lake Park, Sanlando Park, Sylvan Lake Park). For more information, call 407.349.0959.

Location: Ed Yarborough Nature Center, Geneva Wilderness Area,

3485 N. County Rd. 426, Geneva, FL 32732

Date/Time: Saturday, September 20, 6:30 p.m. - 9:30 p.m.

Cost: \$5 per person

Snakes of Florida

Join a local snake expert as he gives an introduction to and dispels some of the myths about these often misunderstood cold blooded residents! Open to ages 7 and up. Children must be accompanied by an adult. Advance registration is required, space is limited. Register at any active park (Red Bug Lake Park, Sanlando Park, Sylvan Lake Park). For more information, call 407.349.0959.

Location: Ed Yarborough Nature Center, Geneva Wilderness Area,

3485 N. County Rd. 426, Geneva, FL 32732 Date/Time: Saturday, October 4, 9 a.m. - Noon

Cost: \$5 per person

Geocaching 101 - A beginners-level course on geocaching

Young & old alike can enjoy this modern-day game of "hide and seek" using GPS coordinates for clues. Learn about Geocaching and then go out and find special "caches" that have been placed on the property just for our class! For ages 10 and up. Children must be accompanied by an adult. Only 20 spaces available, so call NOW to reserve your place, 407.349.0959.

Location: Ed Yarborough Nature Center, Geneva Wilderness Area,

3485 N. County Rd. 426, Geneva, FL 32732

Date/Time: Saturday, November 1, 9 a.m. - Noon

Cost: Free



Geocaching is an increasingly popular, inclusive, fun and healthy pastime for individuals of all ages. It is also great for groups like families, friends, classes and youth groups working as teams. The sport combines technology with adventure, a combination • that some people didn't think was possible. The core of the sport consists of using a hand held GPS receiver unit to guide you to a destination, where a hidden container (or "cache") is stored. Once found, you log your visit in an included logbook, and optionally trade one of the many contained "goodies" for one of your own.



Who's Watching Who? Owl Class

Come join us on a journey into the world of owls. The class will start with time in the Nature Center to learn about the many spe cies of owls and their unique adaptations to a nocturnal lifestyle. You'll learn which species can be found in your own backyard and how to identify them by sight and sound. Discover what an effec tive predator they are by dissecting owl pellets and reconstruct ing the remains of some of their prey.

After the sun falls the class moves out into the Wilderness Area on a quest to observe owls or more likely have them observe you. Advance Registration is required space is limited. You can register at any active park (Red Bug Lake Park, Sanlando Park, or Sylvan Lake Park). For more information, call 407.349.0959.

Location: Ed Yarborough Nature Center, Geneva Wilderness Area

3485 N. CR 426, Geneva, FL 32732

Date/Time: Saturday, November 15, 7 p.m. - 9:30 p.m.

Cost: \$5 per person

Museum Of Seminole County History Events

Thursday, October 30 7:30 p.m.

Halloween Extravaganza! Take the Museum Paranormal Tour at night to get ready for Halloween. Tour sites in the Museum said to be the homes of spiritual presences. \$3 adults, \$1 children and students plus tax. This program is appropriate for kids 8 and up).

Saturday, November 8 9 a.m. - 4 p.m

Celery City Cruisers 31st Annual Car Show. Antique Car competition, food, music on museum grounds. Museum admission for tours. Free

6:30 p.m.

Thursday, November 13 Quartlery Meeting of the Seminole County Historical Society. Speaker: To Be Announced. Light Refreshments served. Free.

1 p.m. - 4 p.m.

Saturday, December 13 27th Annual St. Lucia Swedish Christmas Festival, with Swedish food, booths, music, entertainment, and exhibit on Sanford's Swedish descendents. Free, donation requested.

> For further information call 407.665.2489 or contact Kim Nelson at knelson@seminolecountyfl.gov

Youth Enrichment

Winter Break Eco Adventure Camp (7 to 12 yrs)

Imagine a camp where you can have fun while learning about the natural world. Campers will have fun hiking, fishing, setting traps, playing nature games, arts & crafts and more! Winter Break Camp is an Outdoor Adventure and Environmental Education program that gets kids outdoors and learning about the environment. Call 407.349.0959 for more information.

Location: Ed Yarborough Nature Center, Geneva Wilderness Area 3485 N. CR 426, Geneva, FL 32732

Dates: December 29 - January 5 (no camp on 1/1/15)

Cost: \$132/wk (plus \$15/wk extended day)

Chess Club and More (K - T'weens)

Practice your chess moves with chess-playing kids. Sharpen strategy and decision-making skills and have fun too! Don't play chess? Enjoy other fun board games with your friends. Call your local branch for dates & times or visit www.seminolecountyfl.gov/kidspages

Cost: Free

Confetti Club (Kindergarten & Up)

Join the fun at a library after school club designed just for school-age kids (K -5th grade). Spend an hour enjoying games, wacky science experiments, stories, crafts, puppets and movies. Parents are welcome but not required! Call your local branch for dates & times or visit www.seminolecountyfl.gov/kidspages

Cost: Free

Puppets and Stories in the Park (Infants - 4 yrs)

Puppets, and stories, and fun. Oh my! Coming to a park near you in the fall. For dates and times, call your local branch or visit www.seminolecountyfl.gov/kidspages

Cost: Free

Story Time at the Library (Infant - 7 yrs)

Fun, interactive, and language - rich! Giggle and learn with puppets, finger plays, stories and singing. Parents and caregivers discover how to make reading a family priority from birth. Our librarians deliver age-appropriate emergent literacy programs. Infants to age 7. For dates and time, call your local branch or visit

www.seminolecountyfl.gov/kidspages

Cost: Free

Special Story Times for Special Needs Kids

Join us on the 3rd Saturday of the month for an open, accepting program designed to increase your child's comfort level. Filled with music, puppets and stories, these story times alternate monthly between Oviedo and Casselberry. For dates and details, call the Central or East Branch Library or visit

www.seminolecountyfl.gov/kidspages

Cost: Free



Teen Read 2015 - Contest (Middle & High School Students)

Calling all creative middle and high school students! Show off your artistic side. Shoot a video. Design a movie poster. Write an essay, poem or story. Base your work on reading & books. Entry submission deadline is by 8 p.m. January 26, 2015. Winning submissions will be showcased and cash prizes given at the 2015 Teen Read Fest Awards Ceremony on March 5! Ask for guidelines at your local library or visit the Teen page at www.seminolecountyfl.gov/libraries

Cost: Free

TLC - Teen Library Council (Ages 13+)

Join this leadership team and help give feedback on teen library programming, teen spaces, designing teen web pages, and more. Open to Seminole County teens, there are five groups. Each meets monthly. For dates & times, call or visit www.seminolecountyfl.gov/libraries/EventsCalendar

Tween Club (8 - 12 yrs)

Meeting at various library branches. Make cool crafts, do crazy science experiments, discuss a book, and have fun with other tweens. Exclusively for eight to twelve year olds. Stop by your local library to register. For locations & dates, visit the Library Events calendar at www.seminolecountyfl.gov/libraries

Seminole County 4-H Teens in Action Club

The Seminole County 4-H Teens in Action Club is comprised of youth 13 - 18 years who help facilitate educational and hands on activities for our Clover Kids Club participants 5 - 12 years of age. Teens in Action is a great opportunity for teens to gain important leadership skills and earn community service hours for scholarships! Orientation is **August 5**, **2014** from 6 p.m. - 7:30 p.m. For details call 407.665.5557. Location: Seminole County Extension Services Auditorium, 250 W. County Home Rd, Sanford, FL 32773 Date/Time: Meetings start **August 11**, 5:30 p.m. - 7:30 p.m.

Cost: Free

Youth Enrichment continued

Seminole County 4-H Clover Kids Club

Clover Kids Club is for youth 5 - 12 years of age. Youth are involved in projects focusing on animal science, environmental science, technology, cooking and healthy lifestyles. Youth create a record book to document their progress in their areas of interest. Youth are grouped with those with similar interests and guided by teen volunteers through their activities. This fee covers materials; club t-shirt and snacks for the year. Orientation is **August 5**, from 6 p.m. - 7:30 p.m. For details call 407.665.5557.



Location: Seminole County Extension Services Auditorium 250 W. County Home Rd, Sanford, FL 32773 Date/Time: Meetings start **August 11**, 5:30 p.m. -7 p.m Cost: \$20 per child, \$15 per additional child from same family. Pre-Registration is required.



Meet the new teacher

For kids, one of the biggest back-to-school fears is "Will I like my new teacher?" Breaking the ice early on is one of the best ways to calm everyone's fears. Take advantage of your school's open house or back-to-school night. Some teachers welcome phone calls or e-mails - another great opportunity to get to know each other before the year begins.

Connect with friends

If your school hosts an open house, be sure to go. Familiarizing your child with her environment will help her avoid a nervous stomach on the first day. Together you can meet her teacher, find her desk, or explore the playground. With an older child, you might ask him to give you a tour of the school. This will help refresh his memory and yours. Escorting younger children to the classroom can help with the transition. Familiarize your child with key placessuch as the bathroom, gym, library, and cafeteria - he'll feel more confident if he knows where everything is.

Tool up

Obtain the class supply list and take a special shopping trip with your child. Having the right tools will help him feel prepared. While keeping basic needs in mind, allow for a couple of splurges like a cool notebook or a favorite-colored pen. These simple pleasures make going back to school a lot more fun.

School supply lists also provide great insight into the schoolwork ahead. Get your child excited about upcoming projects by explaining how new supplies might be used. Let him practice using supplies that he's not used before <u>-such as colored pencils or a protractor - so he will be comfortable using them in class.</u>

Ease into the routine

Switching from a summer to a school schedule can be stressful to everyone in the household. Avoid first-day-of-school mayhem by practicing your routine a few days in advance. Set the alarm clock, go through your morning rituals, and get in the car or to the bus stop on time. Routines help children feel comfortable, and establishing a solid school routine will make the first day of school go much smoother.

*Source: PBS Parents - Back-to-School Tips for Parents at: http://www.pbs.org/parents/education/going-to-school/back-to-school/back-to-school-tips-for-parents/

Youth Sports and Fitness

Youth Tennis - Junior Development Program

A series of group lessons where FUN is a priority as participants "play to learn", developing skills through a positive learning experience and with a sense of accomplishment. Certified professionals provide a great learning environment for the developmental learning stages. Players will focus on movement, balance, throwing and catching the ball, swing motions, making contact, grips and stroke development. As players continue to improve, additional skill sets will focus on coordinating movement and balance, and hitting the ball with purpose and direction. Game concepts and scoring will be introduced. United States Tennis Association (USTA) 10 & Under QuickStart teaching methodology and concepts are used by trained QuickStart tennis professionals.

Age Groups: 3 & 4 year olds (36' court, foam balls, 19" & 21" rackets)

5 - 7 year olds (36' court, red compression ball, 21" & 23" rackets)

8 - 10 year olds (60' court, orange compression ball, 25" rackets)

11+ middle school and high school

Locations: Red Bug Lake, Sanlando and Sylvan Lake (See contact numbers on page 2)

\$72 (Saturday group lessons held one hour per week for 8 weeks) \$72 (weekday held one hour, twice per week for 4 weeks)

Junior Training Program

Four exciting levels designed for the continued development of new junior team tennis and tournament players, to the high school team and elite tournament players. The Seminole County training programs are USTA approved "Local Excellence Training Centers" and incorporate the concepts and methods used by the USTA for elite junior players. Emphasis is on the Four (4) "F's": Fundamentals, Footwork, Fitness, and Fun. The daily format combines instruction with practice and match play and includes structured drills and on court games to improve player skills, tactics, and techniques. Participation is based on ability and experience and subject to the tennis pro's approval.

New! 10's and 8's & under levels with age appropriate components.

Participation is based on ability and experience and subject to the tennis pro's approval.

Locations: Red Bug Lake, Sanlando, and Sylvan Lake Parks (See contact numbers for Parks and Recreation on page 2) \$104 month (two hours, two times per week for 4 weeks)



Junior Tennis Tournaments

Sept 20 - 22: USTA Florida Bobby Curtis State Doubles Championship: Sanlando Park; Boys & girls 16s and 18s; \$33 per player per event

Sept 27 - 29: Red Bug Lake Park Fall Level 6: Red Bug Lake Parks; Boys & Girls 10s, 12s, 14s, 16s and 18s; \$40

Oct 18 - 20: Seminole County Fall Level 5 Tournament: Sanlando, Red Bug and Sylvan Lake Park; Boys & Girls 10s-18s; \$70

Nov 1 - 3: Sanlando Park Fall Level 7 Tournament; Boys & Girls 10s-18s; \$35

Nov 23 - 25: Red Bug Lake Park Turkey Trot Level 7 Tournament; Boys & Girls 10s-18s; \$35

Dec 6 - 7: Sylvan Lake Park Level 7 Holiday Tournament; Boys & Girls 10s-18s; \$35

Level 8 Rookie Tennis Tournament Series

Entry level youth tennis tournament for newer players and players ranked 400 or above on the USTA Florida Standing List. Players must know how to serve, rally and score. Tournament is not used for ranking and emphasis is on having fun and providing newer player's an opportunity to play other similar skill level players.

Sep 13: Sanlando Park, Boys and Girls 10s-18s; \$28

Oct 25: Sylvan Lake Park, Boys and Girls 10s-18s; \$28

Nov 15: Sanlando Park, Boys and Girls 10s-18s; \$28

Dec 6: Red Bug Lake Park, Boys and Girls 10s-18s; \$28



Facility List & Map:

Big Tree Park and Trailhead

407.665.2001 • Open 8 a.m. to dusk 761 General Hutchison Parkway, Longwood

- Black Bear Wilderness Area 407.349.0959 • Open daylight hours 5298 Michigan Avenue, Sanford
- Black Hammock Wilderness Area 407.349.0959 • Open daylight hours 3276 Howard Avenue, Geneva
- 4 Black Hammock Trailhead 407.665.2001 • Open daylight hours 1571 E. State Road 434, Winter Springs
- Bookertown Park
 407.665.2001 Open 8 a.m. to sunset
 4640 Richard Allen Street, Sanford
- 6 C. S. Lee Park 407.665.2001 • Open 24 hours 4600 East State Road 46, Geneva
- Cameron Wight Park
 407.665.2001 Open 24 hours
 5502 Old Geneva Road, Sanford
- Chuluota Wilderness Area
 407.349.0959 Open daylight hours
 3895 Curryville Road, Chuluota
- East Branch Library

407.665.1560 • Open Sunday, 1 - 5 p.m.; Monday - Thursday, 9 a.m. - 8 p.m.; Friday, Closed; Saturday, 9 a.m. - 5 p.m. 310 Division Street, Oviedo, FL 32765

- Econ River Wilderness Area 407.349.0959 • Open daylight hours 3795 Old Lockwood Road, Oviedo
- Ed Yarborough Nature Center 407.349.0959 3485 North County Road 426, Geneva Open by appointment only
- Environmental Studies Center
 (Seminole County Public Schools Property)
 407.665.2180 Open by appointment only
 2985 Osprey Trail, Longwood
- Geneva Wilderness Area
 407.349.0959 Open daylight hours
 3501 County Road 426, Geneva

Greenwood Lakes Park

407.665.2180 • Open 8 a.m. - 9 p.m. 660 Greenway Blvd, Lake Mary

Jones Trailhead

407.665.2001 • Open daylight hours • North on Markham Woods at Long Pond Rd, Lk. Mary

Jean Rhein
Central Branch Library

407.665.1500 • Open Sunday, 1 - 5 p.m.; Monday - Thursday, 9 a.m. - 8 p.m.; Friday, Closed; Saturday, 9 a.m. - 5 p.m. 215 N. Oxford Road, Casselberry

Jamestown Park

407.665.2001 Open 8 a.m. - 9 p.m. 2135 South Street, Oviedo

Kewannee Park

407.665.2001 • Open 8 a.m. to sunset 1505 Kewannee Trail, Casselberry

Lake Dot Park

407.665.2001 • Open daylight hours 100 Lake Dot Drive, Sanford

Lake Harney Wilderness Area & St. Johns River Trailhead

> 407.349.0959 • Open daylight hours East on Osceola Road to Osceola Fish Camp Road, near Lake Harney, Geneva

Lake Jesup Park 407.665.2001 • Open 24 hours 5951 South Sanford Avenue, Sanford

Lake Jesup Wilderness Area 407.349.0959 • Open daylight hours 5951 South Sanford Avenue, Sanford

Lake Mills Park

407.665.2280 • Open 8 a.m. to sunset 1301 Tropical Avenue, Chuluota

- Lake Monroe Wayside Park
 407.665.2001 Open 24 hours
 4150 Northwest U. S. Hwy 17/92, Sanford
- Lake Proctor Wilderness Area 407.349.0959 • Open daylight hours 920 State Road 46, Geneva
- Little Big Econ Canoe Launch
 407.665.2001 Open daylight hours
 County Road 419 at Econlockhatchee
 River Bridge, Oviedo

Markham Trailhead
407.665.2001 • Open daylight hours

8515 Longwood Markham Road, Sanford

Mullet Lake Park
407.665.2180 • Open 8 a.m. to sunset

Museum of Seminole
County History

407.665.2489 • Open Tuesday to Friday, 1 - 5 p.m. & Saturday, 9 a.m. - 1 p.m. 300 Bush Boulevard, Sanford

2368 Mullet Lake Park Road, Geneva

North Branch Library

407.665.1620 • Open Sunday, 1 - 5 p.m.; Monday - Thursday, 9 a.m. - 8 p.m.; Friday, Closed; Saturday, 9 a.m. - 5 p.m. 150 N. Palmetto Avenue, Sanford

Northwest Branch Library

407.665.1640 • Open Sunday, 1 - 5 p.m.; Monday - Thursday, 9 a.m. - 8 p.m.; Friday, Closed; Saturday, 9 a.m. - 5 p.m. 580 Greenway Blvd, Lake Mary

Overlook Park

407.665.2001 • Open daylight hours 1998 Spring Avenue, Oviedo

Red Bug Lake Park

407.665.2190 • 8 a.m. - 10 p.m. M - F, 8 a.m. - 8 p.m. Sat & Sun 3600 Red Bug Lake Road, Casselberry

A Roseland Park

407.665.2001 Open 8 a.m. - 9 p.m. 1898 Roseberry Lane, Sanford

San Sebastian Trailhead

407.665.2001 • Open daylight hours Corner of Central Boulevard & Montgomery Road, Altamonte Springs

Sanlando Park and Trailhead

407.665.2100 • 8 a.m. - 10 p.m. M-F, 8 a.m. - 8 p.m. Sat/Sun 401 W Highland St, Altamonte Springs

Seminole County Extension Services & Teaching Gardens 407.665.5551
Open M - F 8 a.m. - 5 p.m.
250 West County Home Road, Sanford

Seminole County Extension Teaching Gardens at Seminole County Student Museum 407.665.5551

Open M - F 8 a.m. - 5 p.m. 301 West 7th Street, Sanford

Seminole County Tourist Visitors Center 407.665.2900

Open M - F 8 a.m. - 5 p.m. 1515 Int. Parkway, Suite 1013, Lake Mary

A Seminole County Softball Complex & Seminole Wekiva Trail/Trailhead

407.665.1990 • Open 8 a.m. - 10 p.m. M - F, 8 a.m. - 8 p.m. Sat/Sun 2200 W North St, Altamonte Springs

Snow Hill Trailhead

407.665.2001 • Open daylight hours East of Oviedo on County Road 419 at Snow Hill Road & Jacobs Trail, Chuluota

Soldier's Creek Park and Trailhead

407.665.2199 • 8 a.m. - 10 p.m. M - F, 8 a.m. - 8 p.m. Sat/Sun 2400 State Road 419, Longwood

43 Spring Hammock Preserve

407.349.0959 • Open 8 a.m. to sunset • State Road 419, Longwood

Sunland Park

407.665.2001 Open 8 a.m. - 9 p.m. 180 Collins Drive, Sanford

Sylvan Lake Park & **Sports Training Center**

407.665.2180 • Open 8 a.m. - 10 p.m. M - F, 8 a.m. - 8 p.m. Sat/Sun 845 Lake Markham Road, Sanford



West Branch Library

407.665.1670 • Open Sunday, 1-5 p.m.; M - Thursday, 9 a.m. - 8 p.m.; Friday, Closed; Saturday, 9 a.m. - 5 p.m. 245 N. Hunt Club Blvd, Longwood



Milson's Landing Park

407.665.2180 • Open daylight hours 379 Malekean Trail, Sanford

Winwood Park

407.665.2001 Open 8 a.m. to 9 p.m. 931 Morse Street, Altamonte Springs

FACILITIES

City of Sanford's RiverWalk

Cross Seminole "Purple Heart" Trail

Flagler Trail

Florida National Scenic Trail

Kewannee Trail

Seminole Wekiva Trail

Boat Ramp

Canoe Launch

Library

Natural Area

Park

Specialty

Trailhead Conservation Area SANFORD LAKE MARY GENEVA ONGWOOD (BZ) ALTAMONTE (436) ASSELBERRY (436)

Adult Sports and Fitness

Tennis for the "Health of It."

Tennis is the sport of a lifetime and you are never too old to start. It provides aerobic fitness by burning fat and improving your cardiovascular fitness and maintaining high levels of energy. It provides anaerobic fitness by offering short, intense bursts of activity followed by short periods of rest which helps muscles use oxygen efficiently. It strengthens bones of younger players and helps prevent osteoporosis in older ones. Certified professionals help make this program fun and provides a great learning environment for the early stages of competition. **Have fun and stay fit!**

Levels:

Beginner: Grips, footwork, forehand and backhand

groundstroke's, volleys and serve will be introduced.

Intermediate: Participants will focus on coordinating movement

and balance, hitting the ball with purpose and direction, and improvement of their skill level through strengthening of the fundamentals learned in the

Beginner level.

Advanced: Emphasis will be on incorporating skills into playing

situations. Top spin and slice will be introduced. Drills and playing situations to include ball movement and control of varying ball speeds with shot anticipation.

Strategy: Singles and Doubles. Improve your match results and

competitive tennis experience. Doubles to include serve and volley, poaching, moving as a team, return strategy and different formations. Learn the different styles of play and find out what type of game you

want to perfect!

Locations: Red Bug Lake, Sanlando, Sylvan Lake, Greenwood

Lakes Parks

(See contact numbers for Parks & Recreation on page 2)

Cost: \$72 for 8 weeks, one hour per week

Cardio Tennis

Whether you are already in shape or ready to get back into shape, Cardio Tennis is for you. This fun and exciting high energy workout combines tennis drills and cardio put to music.

Locations: Red Bug Lake, Sanlando, Sylvan Lake Parks (See contact number for Parks and Recreation on page 2)

Cost: \$6 per class

New! TRX Cardio Tennis

TRX Cardio Tennis is the ultimate ball striking, calorie burning workout incorporating strength, muscle endurance, balance and flexibility. Every class is filled with fun, music, friends and a good time!

Location: Sanlando Park Cost: \$10 per class



Round Robin

Men's, Women's and Mixed Doubles are offered for adults 18+ who enjoy competing in a fun, relaxed atmosphere. Social mixers and themed weeks. Social mixers and themed weeks. Join us in September for the "Tailgate Kick Off" and October for the "Halloween Spooktacular."

Locations: Red Bug Lake Park, Sanlando Park and Sylvan Lake Parks

(See contact number for Parks and Recreation on page 2) Cost: \$5 per evening session/\$4 per morning session

Softball Leagues "Got Game?" Seminole County Softball Leagues Sizzle!

Seminole County offers the great game of softball for men, women, coed and seniors at various levels of play. Bring your own team or your glove and let us locate a team for you! There are 4 league seasons, Winter, Spring, Summer and Fall, that consist of 10 games played one night per week plus an end of season playoff. League champions receive individual shirts and Playoff winners receive a team award.

Locations: Red Bug Lake Park and Seminole County Softball Complex

Cost:

Fall & Spring: \$425 per team (includes sanctioning fee and 1/2 dz softballs)

Winter & Summer: \$200 per team (includes sanctioning fee and 3 softballs)

(Winter & Summer Leaugues only offered at Seminole County Softball Complex)

Senior League: \$360 per team senior leagues plus \$12

sanctioning

League Schedule:

Fall League begins September 2

Winter League begins **January 5** (Seminole County

Soccer Complex only)





Softball was invented in 1887 by George Hancock, a journalist for the Chicago Board of Trade. He designed the game to be a form of indoor baseball to be played during the winter.

*Source: Fun facts are from Covering the Bases at: http://goodd96.weebly.com/softball-fun-facts.html

Adult Resources & Enrichment

Come Write In! Write Your Novel this November

The world needs your novel . You know you've always meant to write it! All five library locations are hosting writing events for National Novel Writing Month - NaNoWriMo, **November 1 - 30**. Sign up at http://nanowrimo.org, and join over 500,000 novelists in writing that manuscript. Check our Library Events Calendar for dates & locations, www.seminolecountyfl.gov/libraries or www.seminolecountyfl.gov/libraries/EventsCalendar

Cost: Free

Crochet, Knit?

Do you quilt, crochet, needlework, or knit? Bring your current project to these open groups. Come to a Crochet Club, Sit & Stitch, Yak 'N Yarn, or Wekiva Knitters meeting at your nearest library branch. Check our Library Events Calendar for dates & locations of various groups, www.seminolecountyfl.gov/libraries or www.seminolecountyfl.gov/libraries/EventsCalendar

Cost: Free

ESOL (English Conversation) and ABE (Adult Basic Education)

Weekly classes at the Central Branch Library in Casselberry. Taught by Sarah Tareco, an Adult Literacy League certified tutor and trained ESOL educator. Open enrollment, no registration. For more information, call 407.422.1540 (Adult Literacy League).

Cost: Free

Got Library Card?

NEW! Apply online for a library card and get immediate access to free ebooks and streaming media. Don't miss out on all that a library card can do for you! All Seminole County residents are eligible for a free library card. For more information, ask at your local library or visit www.seminolecountyfl.gov/libraries

Job Seekers

Build a Better You and Develop You Workshops provide you with a competitive advantage as you search for your new career. Thanks to our partnerships with Goodwill Job Connections Centers and Workforce Central Florida, these are available at North Branch Library (Sanford) and Central Branch Library (Casselberry.) Check our Library Events Calendar for dates & locations, www.seminolecountyfl.gov/libraries to register.

Cost: Free

Love to Read? Want to Talk About It?

Join one of our monthly Library book clubs at a library near you. Fun, fellowship, and discussion. Check our Library Events Calendar for dates & locations, www.seminolecountyfl.gov/libraries

Cost: Free

Medicare 101

Learn more about your options. Attend a session taught by SHINE counselors at a library branch near you. Check our Library Events Calendar for dates & locations,

www.seminolecountyfl.gov/libraries

Cost: Free



Thinking of Starting a Small Business?

Join us for a FREE seminar geared to small business or home-based business owners. As an entrepreneur launching a new business, you'll find valuable information for starting on a solid footing. Fall seminars will be held Central Branch Library (Casselberry), Northwest Branch Library (Lake Mary), and East Branch Library (Oviedo.) Call 407. 665.1505 to pre-register or register online at www.seminolecountyfl.gov/libraries

Business Startup 101

Presents the basics for entrepreneurs launching a small business in Seminole County.

Business Plans 101

Covers the essentials for creating a detailed plan for business success.

Green Industries Best Management Practices

This course offers 6-hour training and testing to become a certified GI-BMP Specialist. The certification is great for marketing your company and allows individuals to apply for the Limited Certification for Urban Landscape Commercial Fertilizer License. Topics covered include fertilization, pest control methods, cultural practices, and irrigation. 4 CEUs offered. Pre-registration required 2 days prior to class date. Call 407.665.5560 for details.

Location: Seminole County Extension Auditorium Date/Time: **October 17**, 8 a.m. - 3: 30 p.m.

December 5, 8 a.m. - 3:30 p.m.

Cost: Free

Adult Resources & Enrichment continued

Farming Workshop Series

This 5-part workshop series will help you get started on your agricultural venture or will help refine an existing operation. Attend one workshop or all of them. An application process will be required for registration. Call 407.665.5554 for more details.

Location: Seminole County Extension Auditorium

Date/Time: September 5, Resources and Funding Opportunities,

8:30 a.m. - 1 p.m.

September 12, Business Planning and Marketing, 8:30 a.m. - 1 p.m.

September 19, Small Scale Livestock Production, 8:30 a.m. - 1 p.m.

September 26, Alternative Fruit Production, 8:30 a.m. - 1 p.m.

October 3, Hydroponics, 8:30 a.m. - 1 p.m.

Cost: \$15 each class

Reduced Rate! Attend all workshops in series for \$60!

Florida Yards and Neighborhoods Classes

Aquascaping

Learn about re-vegetating your lakefront and ponds. You can bring plants you're curious to identify and free aquatic plants will be given out to renovate your shoreline! Call 407.665.5575 for details. Pre-registration

Location: Red Bug Lake Park, Pavilion A

Date/Time: Saturday,

September 20, 9:30 a.m. - 11:30 a.m.

Cost: Free

For The Birds

Fellow bird-lovers! This class will focus on plant selection and structural features that best provide habitat in your yard for a variety of our feathered-friends. Call 407.665.5575 for details. Pre-registration required.

Location: Extension Auditorium Date/Time: Wednesday, October 8, 6:30 p.m. - 8 p.m.

Cost: Free

Landscape Design

Are you thinking of changing your landscape? This class will cover the basics on which plants will work best in your yard and how they can be arranged. Call 407.665.5575 for details. Pre-registration required.

Location: Extension Auditorium

Date/Time: Thursday, October 23, 6:30 p.m. - 8:30 p.m.

Cost: Free

Florida-Friendly Ways to Save Water

Saving water saves you money and saves our environment! We'll talk about how to irrigate most efficiently and other features to conserve water in your yard. Call 407.665.5575 for details.

Pre-registration required.

Location: Extension Auditorium

Date/Time: Saturday, November 8, 9:30 a.m. - 11:30 a.m.

Cost: Free



Composting & Mulching

Are you ready to turn your kitchen scraps and yard waste into soil gold? This class will give you direction on how to successfully compost in your yard and other ways to mulch. Call 407.665.5575 for details. Pre-registration required.

Location: Extension Auditorium

Date/Time: Saturday, **December 13**, 9:30 p.m. - 11:30 p.m.

Cost: Free

Growing Roses in Central Florida Class

This class will tell you how to efficiently grow good roses here in Central Florida. It will cover all aspects of rose growing, from garden planning, to the selection of the best varieties, to the best growing practices, to dealing with pests, and to the requirements for normal maintenance. Instructor: James Small, President of the Central Florida Rose Society. Pre-registration required, Call 407.665.5560. Location: Seminole County Extension Auditorium

Date: October 4. 9:30 a.m. - Noon October 9, 6:30 p.m. - 9:30 p.m.

Cost: Free

5th Annual Gardening EXPO

Featuring an Organic Gardening Demonstration, How-to-clinics, Plant and Garden Products, Ask the Experts, Food and much more.

Guest speakers: Robert Bowden - 11 a.m. and Tom McCubbin - 1 p.m.

Location: Seminole County Extension Auditorium Date/Time: **November 1**, 9:30 a.m. to 3 p.m.

Cost: Free

Alternatives to Growing Citrus in Your Yard Workshop

This workshop will help you select a few alternatives to growing citrus in your yard. Pre-registration required, Call 407.665.5560

Location: Seminole County Extension Auditorium Date/Time: December 6, 9:30 a.m. - Noon

December 9, 6:30 p.m. - 9 p.m.

Cost: \$10

Facility Rentals

Court and Field Rentals

Athletic Fields (located at Red Bug Lake Park, Sylvan Lake Park, Seminole County Softball Complex, Soldiers Creek Park)

Field Rental 8 a.m. - 5 p.m. \$16 per hour + tax Field Rental 5 p.m. - 10 p.m. \$23 per hour + tax

*Please note that turf fields may be closed at times for repairs and seeding

Basketball (located at Red Bug Lake and Sanlando Parks)
Court Fee \$6 per hour per court + tax

Walk-on play is free of charge. Priority use is given to reserved users. Fees for basketball court usage are only charged for reservations made in advance. Fees are due in advance of rental.

Racquetball (located at Red Bug Lake, Sanlando, and Sylvan Lake Parks)

Court Fee \$6 per hour per court + tax

Balls \$3 per can + tax

Roller Hockey (located at Greenwood Lakes Park)

8 a.m. - 5 p.m. \$16 per hour + tax 5 p.m. - 10 p.m. \$23 per hour + tax

Open-skate is free of charge. Priority use is given to reserved users. Fees for rink usage are charged for reservations made in advance. Fees are due at time of reservation. Reservations and payment can be made at Sylvan Lake Park.

Tennis

Court Fee (per hour per court + tax)

8 a.m. - 5 p.m. \$4 5 p.m. - 10 p.m. \$6

Ball Machine Court

(Sanlando, Red Bug) \$11 per hour + tax

Ball Machine (Sylvan) \$5 per hour + court fee + tax

Balls \$3 per can + tax

Courts can be reserved in advance for Greenwood Lakes, Red Bug Lake, Sanlando, and Sylvan Lake Park locations. Court reservations for Greenwood Lakes Park must be made and paid for at Sylvan Lake Park. Ball machines are located at Red Bug Lake, Sanlando and Sylvan Lake Park locations. For details about facility rentals call: Sylvan Lake Park at 407.665.2180; Sanlando Park at 407.665.2100; Red Bug Lake Park at 407.665.2190 or Soldier's Creek Park at 407.665.2199

Pavilion Rentals

Great venue for birthday parties, family reunions or corporate events. Pavilion reservations and payment must be made in advance. Priority use is given to reserved users. Pavilions are first come first served if reservations have not been confirmed. For details about facility rentals call: Sylvan Lake Park at 407.665.2180; Sanlando Park at 407.665.2100 or Red Bug Lake Park at 407.665.2190

Locations: Red Bug Lake Park, Sanlando Park, Sylvan Lake Park, Greenwood Lakes, Lake Mills & Wilson's Landing.

Cost: Large Half Day.......\$60 + tax (8 a.m. to 1 p.m. or 2 p.m. to dusk)

Full Day.....\$100 + tax

Small Half Day......\$40 + tax (8 a.m. to 1 p.m. or 2 p.m. to dusk)

Full Day.....\$60 + tax



Meeting Rooms at the Park

Consider one of Seminole County's unique meeting rooms for your next organization, homeowners association, or community meeting. Call 407.665.2180 for details.

Locations: Sylvan Lake Park and Seminole County

Softball Complex

Cost: Ranges from \$16 to \$32/hour + tax

Midway Community Center

Looking for a large meeting or gathering space for your next party? Check out Midway Community Center. Space can accommodate large groups. Sylvan Lake Park at 407.655.2180

Location: 2253 Jitway Avenue, Sanford

Cost: \$50/day + tax

Ed Yarborough Nature Center at the Geneva Wilderness Area

Are you looking for a unique place to hold a meeting or event? The Ed Yarborough Nature Center at the Geneva Wilderness Area was established with the mission to learn about nature by experiencing it. It features exhibits and displays that highlight the diverse ecology of Central Florida. This is a facility that hosts environmental education and outreach for schools, private and public programs, themed Birthday Parties and is available by reservation for meetings & events. Amenities include a nature center/meeting room with exhibits and live displays, large screen and projector, kitchen facilities (without stove), tables & chairs, restrooms and 180 acres of natural beauty. For information on availability and fees, please contact 407.349.0959.

Library Meeting Rooms

Need a place for your business salesforce meetings? Do you have a Scout group looking for meeting space? Consider one of our Library Meeting Rooms for your next gathering.

Locations: Central Branch Library (Casselberry), East Branch Library (Oviedo), North Branch Library (Sanford), Northwest Branch Library (Lake Mary) and West Branch Library (Wekiva/Longwood) Smaller Conference Rooms are available at Central Branch Library.

Cost: \$16 - \$32 per hour for For-Profit or FREE for Not-for-Profit organizations.

For more information, call 407.665.1500 or visit www.seminolecountyfl.gov/libraries

Facility Rentals continued

Nature Adventure Birthday Parties

Create a birthday party experience your child will never forget! A trained staff member will welcome your party guests, present an exciting program with live animals, and take the group for a hike on our 180 acre property. You will have time in the center for exploration and to enjoy your refreshments. Parties are held in the Ed Yarborough Nature Center in the Geneva Wilderness Area just minutes from Sanford, Lake Mary and Oviedo. Call 407.349.0959 for more information.

Camping

Seminole County offers primitive camping at Lake Mills, Mullet Lake Park and the Geneva Wilderness area. Mullet Lake Park and Geneva Wilderness Area offer no vehicle access to the campsites (hike-in only). Lake Mills Park has vehicular access, one vehicle per site and campsites with overflow parking available. Individual sites are at Mullet Lake Park and Lake Mills Park. Group camping is available at the Geneva Wilderness Area, Mullet Lake Park and Lake Mills Park. Call 407.665.2180 for details.



Community Partnerships

Business Partner Opportunities

Seminole County Leisure Services provides opportunities for business sponsorships that provide enhanced programs and services to the citizens and visitors as well as great visibility for the local business. For details call 407.665.2172. We appreciate our community business partners!

- Chick Fil A of Altamonte Springs
- Kobe Steakhouse
- E Tennis
- Moes
- Bojangles
- Central Florida tennis Assoction, LLC
- Community Acupuncture of Longwood, LLC
- Tru Pilates and Yoga
- Tennis League Network, LLC
- Altamonte Family Wellness Medical Center, Inc. (formerly Roach)
- Nunez Veterinary Associates, Inc (Animal Hospital of Lake Mary)
- GatorVets P.A.

Adopt-a-Park Program

The Adopt-a-Park Program facilitates the monitoring, clean up and enhancement of parks, natural lands, trails, and trailheads maintained by Seminole County. Interested in demonstrating community pride and making a positive statement for clean, attractive leisure areas? Call 407.665.2171 for details or visit: www.seminolecountyfl.gov/leisureservices/AdoptaParkProgram.aspx



Volunteer Opportunities

Volunteering can be the most rewarding and enjoyable experience for people of all ages and walks of life. We invite individuals and community groups to transform their passions into action. Volunteer opportunities include: library support, clerical support, committees, "experts" to lead workshops, trail clearing, invasive species management, tour docents, and internships. For more information or to get started as a volunteer, call 407.665.2171.

Health and a Sense of Achievement...





With highly visible and inspiring role models like Maria Sharapova, Rafael Nadal, and Venus and Serena Williams, it's not difficult to see why many children and adolescents would be drawn to the sport of tennis. As kids deal with and overcome the challenges to coordination, fitness and self-reliance inherent in the sport, those experiences translate to other aspects of their lives, like better grades and better or patterns. Recently, the U.S. Tennis Association (USTA). using data culled from *Monitoring the Future* (MTF) nationwide surveys, took a closer look at trends among youth tennis participants. We share a selection of the results below.

- **8:** Percentage of U.S adolescent males who participated in a tennis program in their community or school within the past 12 months.
- **9:** Percentage of U.S. adolescent females who participated in a tennis program in their community or school within the past 12 months.
- **53:** Percentage of youth tennis participants who are female.
- **47:** Percentage of youth tennis participants who are male.
- **4-5:** Number of school or community-based sports teams in which adolescent male tennis players reported participating.
- **3-4:** Number of school or community-based sports teams in which adolescent female tennis players reported participating.
- **48:** Percentage of youth tennis players who reported achieving an "A" average grade in school.
- **81:** Percentage of youth tennis players who believe they "delinitely will" attend college.
- **75:** Percentage of youth tenn is players who believe they will graduate from a four-year university.
- **82:** Percentage of adolescent tennis participants who reported participating at least a few times a year in a community event or volunteer work.

Calendar Highlights

Code of Conduct

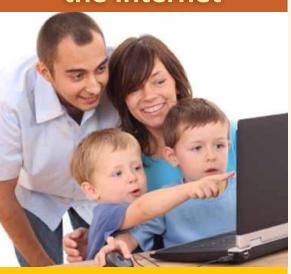
To ensure safety and a pleasant experience for all, please take care to abide by the established code of conduct posted at your location. If you witness activities that violate the code of conduct, please notify staff person on duty or contact our department administrative offices at 407.665.2001.

Remember, for emergencies always call 911.

Video & Photo Policy

Occasionally, video and photos may be taken of participants in programs, classes or activities at our facilities. Please be aware that these photos may be used in future program promotional materials.

Connect with Leisure Services on the Internet



www.seminolecountyflgov/leisure

Visiting the area? Visit www.visitseminole.com



Fall 2014

September

All Month Every Child Ready to Read™ at the Library

October

All Month Money Smart Month at the Library

Storytime and Puppets in the Park.

Visit www.seminolecounty/libraries

October 4 Deadline for Entering Submissions

for Teen Read Contest

November

November 8 The 12th Annual Teen Read Fest Awards

Night at the BCC Chambers

December

December 29 December 29th thru January 5th

Winter Break Eco Camp for Ages 7 - 12

Coming in Spring 2015!

In January & February:

Educate - Celebrate - Commemorate - Act:

January 15 - February 15: A fifty year retrospective on Civil Rights. Special events and programs for all ages at the Library. Check our Library Events Calendar for dates & locations, www.seminolecountyfl.gov/libraries

Cost: Free

In March:

Spirits of the Passage: March 1 - 30: The Story of the transatlantic Slave Trade - Exhibit, The Gallery at Central Branch Library

Teen Read Fest 2015, Awards Night - March 5: Celebrate teen creativity as Seminole County middle & high school winners showcase their talent in this annual county-wide literary contest, sponsored by the Library and the Friends of the Library.

In April:

Money Smart Week® - April 18 - 25: Financial literacy, learn to manage your money. Classes & workshops for all ages at the Library. Check our Library Events Calendar for dates & locations, www.seminolecountyfl.gov/libraries

Cost: Free